

PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Making Friends: playing and learning together	Mental Health and Wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
Year 2	Mental Health and Wellbeing	Keeping safe online	Me, my body and staying safe	Money and work	Safety outside of the home	Looking back and moving on
Year 3	Me, my friends and belonging	Mental Health and Wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
Year 4	Mental Health and Wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and news literacy	Me, my body and growing up	Families and growing together
Whole School Themed Weeks	Pantosaurus Day World Mental Health Day	Anti-bullying Week Road Safety Week	Children's Mental Health Week Human Rights Week	Family Diversity Careers Week	Drowning Prevention Week	Speak Out, Stay Safe